

Overview Comments	
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Km	Miles	Feature	Instruction	Description	38kph	42kph	46kph
		Start Neutralised		Guisbrough West Gate	12:00	12:00	12:00
4.7	3.8	Dunsdale	Deneutralise	Sandy Lane Flag Drop	12:07	12:06	12:06
6.9	4.3			New Marske	12:10	12:09	12:09
12.6	7.8			Skelton	12:19	12:18	12:16
13.6	8.4			Skelton Green	12:21	12:19	12:17
17.3	10.7		Start Lap 1	Boosbeck	12:27	12:24	12:22
17.8	11.1		Lap 1	Lingdale	12:28	12:25	12:23
24.2	15.0		Lap 1	Carlin How	12:38	12:34	12:31
25.8	16.0		Lap 1	Loftus	12:40	12:36	12:33
29.3	18.2		Lap 1	Liverton	12:46	12:41	12:38
34.3	21.3		Lap 1	A171	12:54	12:48	12:44
39.8	24.7		Lap 1	Easington	13:02	12:56	12:51
40.8	25.3		Lap 1	Loftus	13:04	12:58	12:53
44.6	27.7		Lap 1	Carlin How	13:10	13:03	12:58
46.1	28.6		Lap 1	Brotton	13:12	13:05	13:00
49.7	30.9		Lap 1	Saltburn	13:18	13:11	13:04
53.4	33.2		Lap 1	Four Lane Ends	13:24	13:16	13:09
55.9	34.7		Lap 1	Skelton Green	13:28	13:19	13:12
57.7	35.9		Start Lap 2	Boosbeck	13:31	13:22	13:15
58.7	36.4		Lap 2	Lingdale	13:32	13:23	13:16
65.0	40.4		Lap 2	Carlin How	13:42	13:32	13:24
66.6	41.4		Lap 2	Loftus	13:45	13:35	13:26
70.1	43.6		Lap 2	Liverton	13:50	13:40	13:31
75.1	46.7		Lap 2	A171	13:58	13:47	13:38
80.7	50.1		Lap 2	Easington	14:07	13:55	13:45
81.6	50.7		Lap 2	Loftus	14:08	13:56	13:46
85.4	53.1		Lap 2	Carlin How	14:14	14:02	13:51
86.9	54.0		Lap 2	Brotton	14:17	14:04	13:53
90.6	56.3		Lap 2	Saltburn	14:23	14:09	13:58
94.3	58.6		Lap 2	Four Lane Ends	14:28	14:14	14:02
96.7	60.1		Lap 2	Skelton Green	14:32	14:18	14:06
98.6	61.2		Start Lap 3	Boosbeck	14:35	14:20	14:08
99.5	61.8		Lap 3	Lingdale	14:37	14:22	14:09
105.9	65.8		Lap 3	Carlin How	14:47	14:31	14:18
107.5	66.8		Lap 3	Loftus	14:49	14:33	14:20
111.0	68.9		Lap 3	Liverton	14:55	14:38	14:24
116.0	72.1		Lap 3	A171	15:03	14:45	14:31
121.5	75.5		Lap 3	Easington	15:11	14:53	14:38
122.5	76.1		Lap 3	Loftus	15:13	14:54	14:39
126.3	78.5		Lap 3	Carlin How	15:19	15:00	14:44
127.8	79.4		Lap 3	Brotton	15:21	15:02	14:46
131.4	81.7		Lap 3	Saltburn	15:27	15:07	14:51
135.1	83.9		Lap 3	Four Lane Ends	15:33	15:13	14:56
137.6	85.5		Lap 3	Skelton Green	15:37	15:16	14:59
139.5	86.7		Start Lap 4 (Short)	Boosbeck	15:40	15:19	15:01
140.4	87.2		Return	Lingdale	15:41	15:20	15:03
141.6	88.0		Return	Brotton	15:43	15:22	15:04
144.5	89.8		Return	Saltburn	15:48	15:26	15:08
146.3	90.9		Return	Four Lane Ends	15:51	15:29	15:10
149.2	92.7		Return	Skelton Green	15:55	15:33	15:14

151.8	94.3		Return	Boosbeck	15:59	15:36	15:18
153.1	95.1		Return	Margrove Park	16:01	15:38	15:19
158.0	98.2	Finish	Finish	Finish Line	16:09	15:45	15:26